



Head Start Breakfast Menu

December 2018

31 No School Winter Break	1 No School Winter Break	2 Rice Krispies Fresh Fruit Choice of 1% Unflavored Milk Unflavored Skim Milk	3 Yogurt Fresh Fruit Choice of 1% Unflavored Milk Unflavored Skim Milk	4 Blueberry Muffin 100% Fruit Juice Choice of 1% Unflavored Milk Unflavored Skim Milk
7 Cheerios Fresh Fruit Choice of 1% Unflavored Milk Unflavored Skim Milk	8 Yogurt Fresh Fruit Choice of 1% Unflavored Milk Unflavored Skim Milk	9 Rice Krispies Fresh Fruit Choice of 1% Unflavored Milk Unflavored Skim Milk	10 Blueberry Muffin 100% Fruit juice Choice of 1% Unflavored Milk Unflavored Skim Milk	11 Frosted Mini Wheats Fresh Fruit Choice of 1% Unflavored Milk Unflavored Skim Milk
14 Coco Frosted Mini Wheats Fresh Fruit Choice of 1% Unflavored Milk Unflavored Skim Milk	15 Blueberry Muffin 100% Fruit Juice Choice of 1% Unflavored Milk Unflavored Skim Milk	16 Cream Cheese Bagel Fresh Fruit 100% Fruit Juice Choice of 1% Unflavored Milk Unflavored Skim Milk	17 Yogurt Fresh Fruit Choice Of 1% Unflavored Milk Unflavored Skim Milk	18 No School
21 No School MLK Day	22 Cream Cheese Bagel 100 % Fruit Juice Choice of 1% Unflavored Milk Unflavored Skim Milk	23 Yogurt Fresh Fruit Choice of 1% Unflavored Milk Unflavored Skim Milk	24 Rice Krispies Fresh Fruit Choice of 1% Unflavored Milk Unflavored Skim Milk	25 Frosted Mini Wheats Fresh Fruit Choice of 1% Unflavored Milk Unflavored Skim Milk
28 Cheerios Fresh Fruit Choice of 1% Unflavored Milk Unflavored Skim Milk	29 Yogurt Fresh Fruit Choice of 1% Unflavored Milk Unflavored Skim Milk	30 Coco Frosted Mini Wheats Fresh Fruit Choice of 1% Unflavored Milk Unflavored Skim Milk	31 Cream Cheese Bagel 100 % Fruit Juice Choice of 1% Unflavored Milk Unflavored Skim Milk	1 Chex Fresh Fruit Choice of 1% Unflavored Milk Unflavored Skim Milk

**Start your day off right
Enjoy a FREE breakfast daily!!!**

More info...
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